GREAT BLUE HERONS glide overhead; a cluster of deer swim soundlessly across the channel; an elusive bald eagle skims the treetops overhead as miles and miles of secluded flatwater paddling unfold down river.

Could this idyllic adventure be just 30 minutes outside Uptown Charlotte? For the first time this spring, the answer is yes with the completion of the Rocky River and Pee Dee River Blueways.

Just over 20 miles due east of Charlotte, the Carolina Thread Trail’s newly completed Rocky River and Pee Dee River Blueways traverse a rural, mostly undeveloped 65-mile stretch of river through mixed pine, hardwood and bottomland hardwood forest.

The absence of residential development, docks and motorized boats creates a true wilderness experience for kayakers and canoeers. Access at eight public launches stretching from the Pharr Family Preserve in Midland, N.C., past the confluence of the Rocky and Pee Dee Rivers to Blewett Falls Lake in Lilesville, N.C., make it possible to plan trips ranging from 4 to 18-plus miles.

The Blueway, created through the efforts and funding of the Thread Trail and a regional partnership of 11 corporate, government and nonprofit organizations, offers something for paddlers of all skill levels. Because of the number of public access points, novices and families can put in for a half-day paddle while more experienced boaters can extend distances for full-day trips.

Gently sloping riverbanks provide long sight lines through the forested landscape, interrupted only by the occasional farmhouse. White-tailed deer, raccoon, wild turkey and otters can be seen from the water. Raptors such as red-tailed hawks and barred owls, as well as great blue herons, egrets, osprey and native wood ducks live on the river.

The area also lies on the migratory route for a host of Neotropical songbirds like hummingbirds, grosbeaks and buntings. Fishing is generally better on the Pee Dee and the undeveloped tract running through the Pee Dee National Wildlife Refuge affords some of the best birding and wildlife viewing on the river.

The Rocky and Pee Dee Blueways are navigable the majority of the year. At the northernmost launch at Pharr Family Preserve, the river is narrow with class I and II rapids. Progressing downstream, the river gets wider and rockier. Paddling past launches in Oakboro and Norwood, N.C., the Rocky joins the Pee Dee River flowing south out of Lake Tillery.

The Pee Dee grows even wider, with a faster and steadier current that can flow at twice the rate of the Rocky River. Water levels on the Pee Dee are dependent on Tillery dam releases, guaranteeing higher water levels in any season.

“We’re planning to have dam release information at our kiosk so people know where to go online to find out that information,” says Pee Dee National Wildlife Refuge Manager JD Bricken. “Some people might want to canoe or kayak on release days, which will be a little bit more challenging. We think the average canoe or kayaker will want to go on a non-release day to cruise along at their own pace.”

“Blueways were not a focus of the original Carolina Thread Trail master plan,” says Thread Trail Senior Director Andy Kane. “They kept coming up in our conversations with communities and have been well received. They are a well-used amenity and an economic driver, getting people to come to a community, eat lunch, and rent a kayak or take their boat out.”

A few hours spent paddling the Rocky River and Pee Dee River Blueways makes it easy to understand why.

Know Before You Go: Weather & Water Conditions

Weather conditions play a pivotal role in the paddling experience and trip safety, and boaters are advised to check weather forecasts for the region before getting on the water. Levels on the Rocky River can fluctuate five feet or more within an hour or two with precipitation upstream of launch sites in Charlotte. A USGS gaging station at Norwood monitors Rocky River water levels and flow rates and should be checked before a trip: www.waterdata.usgs.gov/nwis

The best measurement of paddling conditions is discharge, or stream flow, measured in cubic feet per second (CFS). A measurement of 175 CFS indicates a minimum water level for good paddling,
A 5-mile trail crossing the N.C./S.C. state line via a 170-foot-long pedestrian bridge, linking the Millbridge and Walnut Creek neighborhoods.

A trail connecting the towns of Misenheimer, Richfield and New London in Stanly County.

A 65-mile paddle trail spanning four counties along the Rocky and Pee Dee Rivers.

These projects (read more about them on the cover and pages 6 and 7) – all of which opened in 2016 – might never have happened if the Carolina Thread Trail organization wasn’t here to help planners and developers in one jurisdiction talk with their counterparts in another.

That’s one of the distinctive aspects of our organization – the ability to foster regional collaboration so that great trail projects don’t end at the town limit or state line.

And we’re working hard to ensure that neighboring communities continue to talk to each other. This year – our 10th anniversary – we’re building on our annual trail forum by hosting a series of three regional roundtables. These working sessions will bring together professionals actively involved in trail planning to discuss issues important to advancing specific priority trails and troubleshoot challenges encountered in trail development.

It has been 10 years since the Carolina Thread Trail was successfully launched in 2007 as a project focused on preserving natural corridors and connecting people to nature through a network of connected trails.

Today, with than more 250 miles of Thread Trail open to the public across our region, and individual segments continuing to grow and connect to each other, your Carolina Thread Trail is poised to become a defining characteristic for our region.

I hope you’ll come explore a new segment of the Thread Trail on your own or at one of our many new guided outdoor adventures – made possible through a grant from the Women’s Impact Fund.

Happy Trails,

Alex Rankin, III
Chair, Carolina Thread Trail Governing Board

NARENCO Sponsors Long Creek Preserve Trail

Many thanks to Corporate Trailhead NARENCO, a leading development and construction firm specializing in utility scale solar installations, for their sponsorship of Long Creek Preserve Trail. Located on conserved land next to the U.S. National Whitewater Center, this 2.1-mile natural surface trail connects to the Center’s extensive network of trails.

NARENCO employees have also given their time at two volunteer workdays.

Cordelia Park Segment of Cross-Charlotte Trails Opens May 3

This new segment of the Cross-Charlotte Trail extends the Little Sugar Creek Greenway under Parkwood Ave. through Cordelia Park to 24th St. at Davidson St. This is the first segment built jointly by the city of Charlotte and Mecklenburg County and is also part of the Carolina Thread Trail. Learn more at CharlotteFuture.com/XCLT
GOING THE DISTANCE
Continued from front cover

while readings of 250 to 1200 indicate good paddling conditions with faster current, higher water and fewer rapids.

Lake Tillery dam releases create a faster flow and a more challenging paddle on the Pee Dee River section of the Blueway. On non-release days, conditions lend themselves to a leisurely paddle more suited to novices and those wanting to explore the river at a slower pace.

Duke Energy will be implementing a recreation flow release program this spring with 11 scheduled dam releases of 800-1000 CFS. The scheduled releases will occur on Saturdays beginning May 20 and will be posted on the Duke Energy website by May 15. Visit www.duke-energy.com/home, click on “Explore Our Lakes & Recreation” and “Flow Releases.” Choose “Yadkin Pee Dee” from the drop-down menu to view the dam release schedule.

As with the Rocky, Pee Dee water levels fluctuate with precipitation upstream, so dam release information should be combined with weather monitoring for a more complete picture of river conditions.

TAKE THE TRIP
Wildlife resources officials and outfitters who have paddled the Blueways recommend the following trips. Actual paddling time varies depending on weather, water conditions and paddler ability.

Half-day trips (3-4 hours):
• Pharr Family Preserve to the Riverbend Farm in Midland (4.5 miles)
• Pee Dee National Wildlife Refuge to the Red Hill/Hwy. 109 (3.5 miles)

Full-day trips (6-8 hours):
• Riverbend Farm to ROPP/Hwy. 205 in Oakboro (18 miles)
• Plank Road to the Pee Dee National Wildlife Refuge (13 miles)

If you don’t own a canoe or kayak, Cabarrus County outfitter Capstone Climbing & Adventure (www.capstoneclimbing.com) offers guided half- and full-day trips for groups of six or more on the Rocky River portion of the Blueway.

To learn more, visit the Carolina Thread Trail’s online map: www.carolinathreadtrail-map.org.

Rocky River/Pee Dee River Blueways Regional Partnership
Carolina Thread Trail
Duke Energy
N.C. Department of Commerce
Recreation Equipment, Inc. (REI)
N.C. Wildlife Resources Commission
Rocky River Organization for Preservation & Protection (RROPP)

Two More Blueways to Experience

South Fork River Blueway
This 8-mile blueway starts at Spencer Mountain and continues downriver to Cramerton, N.C.

Catawba River Blueway
Mountain Island Lake Section
Three canoe/kayak launches create a 6.1-mile blueway stretch.

Lake Wylie Section
Approximately 27 miles of flatwater paddling through the Catawba River in N.C. into Lake Wylie and S.C.

Lake Wylie Dam to Highway 9
A 30-mile stretch of flatwater on the Catawba River between Lake Wylie Hydro Dam and the upper end of Fishing Creek Lake.
FOOTNOTES

Lincolnton Roundtable First in Series
The Thread Trail hosted 23 local trail practitioners March 16 at a Round Table at the Laboratory Mill in Lincolnton, N.C. The working session brought together representatives from Gaston, Cleveland, Lincoln, and Catawba Counties to address issues important to advancing trails and resolving challenges encountered in trail development. This was the first of three Round Tables in 2017 and each will focus on a different geographic area of the Thread Trail region.

Giving Tuesday Raises $50,000 for Trails
Thank you to everyone who donated to the Thread Trail during SHARE Charlotte’s 2016 #GivingTuesdayCLT campaign! From Nov. 15-29, the Thread Trail raised over $50,000, which will help fund the expansion of the 140-mile North-South Spine segment.

Thread Trail Board Grows with New Members
The Carolina Thread Trail welcomed seven new members to its governing board in January:
Shuford Abernathy, of Conover, N.C. – President of Abingdon Glen Village
John Collett, of Charlotte, N.C. – Partner of Collett Real Estate
Sally Daley of Waxhaw, N.C. - Former Executive Director of Girl Scouts Hornets’ Nest Council
Dehler Hart of Fort Mill, S.C. – President of Springland Inc.
Kelly Katterhagen of Charlotte, N.C. – Managing Director of BlackArch Partners
Bailey Patrick of Charlotte, N.C. – Managing Partner of MPV Properties, LLC
Marshall Rogers of Albemarle, N.C. – Retired owner of TWOROG Holding LLC

Julia James Recognized as 2016 Volunteer of the Year
By Ann Gibson
Trail Master Julia James, of Mount Holly, N.C., traces her passion for trail building back to a volunteer experience on the Appalachian Trail. “One year, I spent my birthday cutting back mustard garlic on the AT,” she recalls. “I said to myself, ‘I bet I could do this around home.’” Julia signed up for a work day on the South Fork Trail in McAdenville, N.C., and has been volunteering ever since.

Since retiring from her career as a nurse/ midwife, one of Julia’s primary goals has been introducing others to the outdoors. She monitors trail conditions on the South Fork Trail, leads volunteers at trail workdays and is a Trail Ambassador at local events and festivals.

Thread Trail Senior Director Andy Kane recalls meeting Julia on a Seven Oaks Preserve Trail hike. “She asked questions and was so engaged, I started calling her Grasshopper,” says Andy, referring to the classic teacher/student relationship in The Karate Kid.

Julia’s advocacy efforts extend into her everyday life. To encourage friends and family to get involved, she documents her outdoor adventures on social media. Wearing her Thread Trail T-shirt on a recent trip to the S.C. coast, she was approached by a woman asking, “What’s this Carolina Thread Trail all about?” Julia was only too happy to explain. “What’s important to me is to promote health in the community,” she says. “It’s about nature, physical activity, and being good stewards of the environment.”

Our Queen City Joyride explored the Little Sugar Creek Greenway in March. These monthly, guided, group bike rides include a free B-cycle bike rental and sweet snack from a local shop.

Members took part in an 8-mile guided hike in March on the Blue Star Trail, part of the Thread Trail, at Anne Springs Close Greenway in Fort Mill, S.C.

The Kings Mountain Gateway Trail released 15 monarch butterflies in October 2016 at its new butterfly garden. The garden, which will eventually bloom across 3.5 acres at “the Plateau,” of the trail, was planted by Duke Energy Kings Mountain Generation Support Facility employees and local community volunteers to provide habitat for pollinators.

Students from across Wingate’s campus joined forces in September to remove invasive species along the Mineral Springs Greenway. The workday was part of W’Engage, a Wingate program that encourages students to interact with local partners and work together to transform the community.
Education & Technical Advice

Our ninth Trail Forum on Dec. 6 was attended by more than 250 people and featured a keynote address from Mecklenburg County Park and Recreation Director Jim Garges.

This annual conference features educational sessions led by experts in trail planning, funding, design and construction. It’s the only event of its kind in this region to bring together hundreds of planners, engineers, architects and vendors. Throughout the year, our staff also works closely with local trail planners to offer guidance and recommendations tailored to individual projects.

“We couldn’t have built the many miles of trail without the grants from the Carolina Thread Trail! And the annual forum has given our team a lot of ideas for us to put to use at the KMG! It’s great to be connected to a regional trails network.”

- Shirley Brutko, Executive Director, Kings Mountain Gateway Trails, Inc.

Regional Collaboration

We provide the vision for a system of connected trails and greenways throughout a 15-county region by facilitating collaboration among neighboring communities so that trails can continue across city, county and state lines.

While much of this happens behind the scenes, a project like the Cross-State Bridge shines a light on the significance of this role. In 2016, we helped planners in Waxhaw, N.C., coordinate with officials in Lancaster County, S.C., to connect two segments of trail across the N.C./S.C. border. The result: a 170-foot long suspension bridge spanning Twelve Mile Creek, connecting two pieces of existing trail to create a nearly 5-mile long segment.

And new in 2017, the Thread Trail will host three regional roundtables to engage local trail practitioners and resolve challenges encountered in trail development.

Grant Funding

To date, the Thread Trail has donated more than $5.4 million to local communities as a catalyst for creating segments. Local communities and nonprofits with adopted master plans can apply for grants to support trail planning, building or maintenance, and often these funds are leveraged into matching funds from state and federal funding sources.

In 2016, the Thread Trail awarded 13 grants totaling $637,856! Seven of the eight new segments of Thread Trail that opened in 2016 received funding from the grants program.

<table>
<thead>
<tr>
<th>Grant Recipient</th>
<th>Amount</th>
<th>Project</th>
</tr>
</thead>
<tbody>
<tr>
<td>Catawba Indian Nation</td>
<td>$20,000</td>
<td>Catawba Nation Greenway - Construct natural surface trail with one bridge along the Catawba River</td>
</tr>
<tr>
<td>Catawba Lands Conservancy</td>
<td>$38,000</td>
<td>Rocky River Blueway - Construct kayak/canoe launch in the Town of Norwood, NC</td>
</tr>
<tr>
<td>Children’s Hope Alliance</td>
<td>$24,944</td>
<td>Richardson Greenway - Construct 3.8-mile paved trail to extend Greenway north in Iredell County</td>
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<tr>
<td>City of Salisbury, NC</td>
<td>$40,500</td>
<td>Salisbury Greenway - Design bridge and conduct FEMA No Rise Certification in Rowan County</td>
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<td>City of Salisbury, NC</td>
<td>$91,062</td>
<td>Salisbury Greenway - Construct 63-mile gravel trail and two suspension bridges in Rowan County</td>
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<tr>
<td>City of Shelby, NC</td>
<td>$38,200</td>
<td>First Broad River Trail - Convert former railroad into a multi-use, crushed concrete trail that will connect to existing Trail in Cleveland County</td>
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<tr>
<td>City of Statesville, NC</td>
<td>$150,000</td>
<td>Statesville Greenway - Construct a paved greenway to connect two Trail segments in Iredell County</td>
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<tr>
<td>Cleveland County, NC</td>
<td>$32,500</td>
<td>Kings Mountain Gateway Trail - Acquire land or trail easements and conduct surveying services for a 1.5-mile extension to connect to Crowder’s Mountain State Park</td>
</tr>
<tr>
<td>Gaffney Local Development Corporation</td>
<td>$20,000</td>
<td>Overmountain Victory National Historic Trail - Develop a management/development plan for a future 33-mile segment in Cherokee County, SC</td>
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<tr>
<td>Lindsay Pettus Greenway, Inc.</td>
<td>$75,000</td>
<td>Lindsay Pettus Greenway - Complete all design and permitting for the 2-mile Phase I of the Greenway in Lancaster County</td>
</tr>
<tr>
<td>Town of Claremont, NC</td>
<td>$29,550</td>
<td>Claremont Trail - Acquire trail easements along future trail corridor connecting the Town to Bunker Hill Covered Bridge in Catawba County</td>
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<tr>
<td>Town of Cramerton, NC</td>
<td>$3,050</td>
<td>Goat Island Greenway - Install crosswalk signs/signals near Stuart Cramer High School in Gaston County</td>
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<tr>
<td>Town of Oakboro, NC</td>
<td>$75,000</td>
<td>Rocky River Blueway - Construct parking lot and launch structure on Long Creek</td>
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<tr>
<td><strong>Total 2016</strong></td>
<td><strong>$637,856</strong></td>
<td></td>
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<tr>
<td><strong>Cumulative Total Since 2009</strong></td>
<td><strong>$5,407,463</strong></td>
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>>> Continued on page 8
NEW EXPERIENCES ON THE THREAD TRAIL

2016 TRAIL OPENINGS

In 2016, eight new segments of the Thread Trail opened across the region, including the 170-foot cross-state suspension bridge near Waxhaw, N.C. and three new kayak and canoe launches along the Rocky River and Pee Dee River Blueways.

NEWTON HERITAGE TRAIL CONNECTOR

Newton, N.C.
½ mile / Hiking

This new half-mile section of Thread Trail crosses the Catawba County Government Center Campus linking downtown Newton to the Newton Heritage Trail and provides approximately 8 miles of continuous pathway. Local volunteers organized by Catawba County Planner Chris Timberlake built the trail, and a local Eagle Scout built the trail map kiosk, trail guideposts and a picnic area.

TWELVE MILE CREEK CROSS-STATE BRIDGE

Waxhaw, N.C. and Lancaster, S.C.
Hiking

Spanning Twelve Mile Creek, this 170-foot-long suspension bridge unites sections of Thread Trail in both Carolinas. It connects the 3.5-mile Twelve Mile Creek Trail on the S.C. side, with the 1.4-mile Twelve Mile Creek Greenway in Waxhaw, creating nearly 5 miles of continuous pathway. The S.C. side which runs along the creek’s embankment feels quite remote and almost mountainous, and yet is close to more than 2,000 homes.
ROCK SPRINGS PRESERVE NATURE TRAIL  
Denver, N.C.  
½ mile / Hiking

The new, natural surface trail at Rock Springs Preserve Park gives park goers the opportunity to leave the playground and step into the woods and down along Castor Creek. From the wildlife viewing area or along the trails you may encounter a box turtle, barred owl, white-tailed deer and numerous types of birds. This trail will eventually connect 2 miles south to the existing Forney Creek Trail that crosses Sally’s YMCA.

FALCON TRAIL, PART OF THE MISENHEIMER GREENWAY  
Richfield and Misenheimer, N.C.  
2.7 miles / Hiking, Mountain Biking

After winding through farms, forests and Pfeiffer University’s campus, the Falcon Trail ends at a newly constructed sidewalk near the intersection of U.S. Hwy. 52 and Wesley Chapel Rd. This 2.7-mile stretch of the Thread Trail network connects the Stanly County towns of Richfield and Misenheimer. Work is underway to acquire an additional 7 miles of trail so that trail will continue to New London.

MORE THREAD TRAIL OPENINGS

Richardson Greenway  
Borium Springs, N.C.  
0.8 miles

Kings Mountain Gateway Foote Trail  
Kings Mountain, N.C.  
2 miles

First Broad River Trail  
Shelby, N.C.  
2.1 miles

Lyle Creek Trail  
Conover, N.C.  
1.4 miles

Rocky River Blueway  
RROPP Nature Park Kayak Launch, Oakboro, N.C.

Norwood Kayak Launch, Norwood, N.C.

Pee Dee National Wildlife Refuge Kayak Launch, Wadesboro, N.C.
Outreach And Programs

We build community support for trails by hosting environmental education and public programs such as guided hikes, paddles and other outdoor events along segments of the Thread Trail. With the hiring of CLC and the Thread Trail’s first program coordinator, we’ve dramatically increased our program offerings. During the first six months of expanded programming in 2016, we connected 2,066 people to nature through 44 programs with 23 partners such as the N.C. Wildlife Federation, Catawba Riverkeeper and N.C. Native Plant Society.

We also generate awareness of the Thread Trail by participating in community events and festivals (more than 40 in 2016) and speaking to community groups such as Leadership Charlotte, Rotary Clubs, Sunday School classes and more.

To see a list of upcoming events, visit carolinathreadtrail.org and click “Events and Programs.”
Operating Expense by Program

<table>
<thead>
<tr>
<th>Program</th>
<th>2015</th>
<th>2016*</th>
<th>2017 Budget</th>
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<tbody>
<tr>
<td>Personnel cost</td>
<td>$532,771</td>
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<td>Office/Admin</td>
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<td>Outreach &amp; Development</td>
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<td>Total Operating Expense</td>
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Fund Balances

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<td>Outstanding Pledges</td>
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<td>Endowment Fund</td>
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<tr>
<td>Total Assets, Net</td>
<td>$5,770,539</td>
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</tbody>
</table>

* Unaudited

Volunteer Recruitment And Training

We recruit and train volunteers to help build and maintain segments of Thread Trail across the region. In addition to numerous public workdays throughout the year, we also host many corporate teams. A special thanks to our volunteer program sponsor Carolinas HealthCare System.

In 2016, we hosted 27 volunteer workdays with 518 volunteers who provide a total of 1,546 hours.

Thanks to the following corporations for sponsoring workdays in 2016:
- Antea
- Bank of America
- Carolinas HealthCare System
- Davidson College – Service Odyssey
- Duke Energy
- Ernst & Young
- Huron Consulting
- Husqvarna
- Lowes
- NARENCO
- Niagara Bottling
- Regions Bank
- REI
- Wells Fargo

Plan a Corporate Workday

Looking for a way to give back to the community and engage your employees? Sponsor a corporate volunteer workday! Community service activities include trash pickup, invasive species removal and other trail maintenance for groups of 25 to 100.

To learn more, contact Vanessa Gorr, Outreach and Volunteer Coordinator at Vanessa@carolinathreadtrail.org.
Thank You, 2016 DONORS!

Your generous support enables us to advance trails throughout a 15-county region in North and South Carolina. This list includes corporate and individual gift to the Carolina Thread Trail made in the 2016 calendar year. We have tried our best to ensure all names and amounts are correct. If you see an error, please contact Vanessa Covington at Vanessa@carolinathreadtrail.org.
<table>
<thead>
<tr>
<th>Amount</th>
<th>Donors</th>
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<tbody>
<tr>
<td>$100,000-999,999</td>
<td>Advantage Carolina Foundation, Bill and Sharon Allen, Anonymous, Mr. and Mrs. Philip Blumenthal, Blumenthal Foundation, Amy and Robert Binkley, Carolinas HealthCare System, The Charlotte Mecklenburg Community Foundation, Dickson Foundation, Inc., Founders Federal Credit Union, Love’s Charitable and Educational Foundation, Piedmont Natural Gas Foundation, Mr. and Mrs. Jerry Richardson, Ruth and Calm Snow, W. Duke Kimbell Family Foundation</td>
</tr>
<tr>
<td>$50,000-99,999</td>
<td>Randall and Eileen Bowles, Mr. and Mrs. Harry and Rebecca Dalton, REI Southwood Corporation, William and Nancy Stanback, James Whitton, Women’s Impact Fund</td>
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<tr>
<td>$10,000-49,999</td>
<td>Bernard N. Ackerman, Alers Foundation, Blum, Inc., Peggy and Bob Culbertson, David Bell Cannon Foundation, Herbert Doss, Anonymous, Lynne and John Ford, Kathie and Bill Grigg, Julie and Howard Levine, Mike Malay, Mansfield Fund, Ben Ruddell, Tonya and Stoney Sellars, Pam and Andy Warlick, York County Council, Elizabeth B. Yost Trust, Z. Smith Reynolds Foundation</td>
</tr>
</tbody>
</table>
Catawba Lands Conservancy is working in partnership with Foundation For The Carolinas and many regional and local partners on the Carolina Thread Trail initiative.

A PARTY FOR TRAILS
National Trails Day Celebration

SATURDAY, JUNE 3
10 a.m.–2 p.m.
South Fork Trail and Blueway
McAdenville, N.C.

FREE
Guided nature hikes and paddle
Free kayak rentals
Live music
Geocaching
Mayobird, Blue Blaze Brewery
& King of Pops
AND MORE!

THANKS TO OUR SPONSORS

Our National Trails Day celebration in 2016 welcomed more than 800 trail lovers to the South Fork Trail. Photos by Nancy Pierce.